

## Health Care Students Participate in the 2nd IPE-SS Research Day

Health care students at colleges of Pharmacy (CPH), Health Sciences (CHS) and Medicine (CMED) were joined by their peers from University of Calgary in Qatar (UCQ), College of the North Atlantic-Qatar (CNA-Q) and Weill Cornell Medicine - Qatar (WCM-Q) at the 2nd Interprofessional Education Student Society (IPE-SS) Research Day which was recently held at QU Research Complex.

Themed “The Second Annual Research Day for Healthcare Students”, the event was organized by the Interprofessional Education Student Society (IPE-SS). It was designed to engage students from various health care disciplines in interprofessional workshops and best poster and oral presentation competitions.

The program’s agenda included 5 oral presentations delivered by Nermin Al-Hasan and Omnia GadAllah (CPH), Sondos Kader and Monireh Fouladi from (CHS), Jawaher Hassan, Omar Tahir, Soubiya Ansari and Mennatalla Abdelkader (CMED), Martina Estrada (CNA-Q), and Rawan Ali, Jameela Syed and Yaman Shahrour (UCQ). They presented a variety of health related issues such as “Correlation between Social Support and Stress on College Students”, “Mathematics for Medication Administration”, “Geriatric Education in Schools of Pharmacy: Perspectives from Qatar and Canada”, “Molecular Genotyping and Sub-Grouping of Cryptosporidium Species Isolated from Hospitalized Pediatric Patients in Qatar”, and “Creativity and Art in Medicine”. It also included an IPE workshop on “Get Involved, be a researcher and do it as a team” presented by Myriam Jaam, IPE-SS President. The workshop focused on “What is Research?”, “Why do we do it?”, “Different types of research?”, “Steps to do it” and “Things to consider”.

The students were randomly divided into 9 multi-professional groups in which they worked together on various research cases UREP Project: Perceptions of Shisha Smokers, Efficacy of Protein Diet in Weight loss, Effect of Curcumin on Mice Kidney Cells, Prevalence of Multiple Sclerosis in Qatar, and Perception of Students about Drugs in Sports. Under the supervision and guidance of facilitators, they presented a total of 27 posters to a panel of judges comprising CPH Professor and Associate Dean for Research and Graduate Studies Dr Feras Alali, CHS Assistant Professor of Public Health Dr Farhad Hana, CMED Assistant Research Professor Dr Nadia Al Banna, UCQ Nursing Instructor Ms Kathleen De Leon-Demare, and CNA-Q Pharmacy Technician Lead Instructor Dr Norman Wong.

The event also featured the distribution of awards for the winners in the best poster and oral presentation competitions. First place winner in the Oral Presentation Competition were CPH students Nermin Al Hasan and Omnia Gadallah. In the Poster Presentation Competition, CPH students Farah Zahra and Nawal Bensmail won the 1st place, CHS students Redwana Bari and Esra Moosa won the 2nd place, while CNA-Q student Martina Estrada won the 3rd place.

QU VP for Medical Education and CMED Dean Dr Egon Toft said: “I was very pleased to attend the IPE Student Society annual event. It was a great day and great that this activity can bring all major providers of health care professional education together in a positive and constructive spirit giving rise to new collaborations and friendship across our institutions. The event was a huge success with a great turnout of around 100 participants. The event’s program included 5 oral student presentations, 27 student posters from the five health care colleges in the country and an interactive student workshop on the process of research.”

CPH Dean Dr Mohammad Diab said: “This 2nd annual Interprofessional Research Day offers students across all health care colleges the opportunity to showcase their research, to share their experiences and ideas, and to understand each other’s professions more clearly. CPH has played a pivotal role in developing interprofessional education in the Middle East. The College continues in its efforts to promote collaborative interprofessional workshops and research days to enable our students to further develop their skills and abilities as future health care providers providing the most optimal patient care.”

CHS Dean and QU Biomedical Research Center (BRC) Director Prof Asmaa Al-Thani said: “IPE is a cornerstone in the educational system and it integrates the different health disciplines for a streamlined education, which will reflect on the students’ professional careers in the future. CHS has been working on IPE since 2011 and this event has demonstrated the synchronization of the efforts of the three colleges to enhance interprofessional and multidisciplinary research. More than 10 students from CHS participated in the IPE Research Day showcasing their research projects and engaging in the different activities in addition to interacting with students and faculty from various colleges.”

CPH Assistant Dean for Student Affairs and Chair of the Interprofessional Education Committee Dr Alla El-Awaisi said: “I am very proud of the great efforts of IPE student society members in organizing this event for the second consecutive year. The executive team is gaining important leadership skills and opportunities to interact with other health care students in this unique society. The event provides the students from various disciplines with a platform to share their research experiences, and we hope this will encourage students and faculty to conduct interprofessional and multidisciplinary research together in the coming future.”

IPE-SS President and CPH MSc student Myriam Jihad Jaam said: “The purpose of the research day is to bring students from different professions together, and give them the opportunity to share their knowledge and skills with individuals from different perspectives. This year, we had a great turnout and the event was much better and bigger than last year. Without the support from all the colleges this would not have happened. I take this opportunity to thank every person who has contributed to this great success.”